

Allergens For June - August Menu

	Molluscs	Lupin	Sulphites	Sesame	Mustard	Celery	Nuts	Milk	Soyabeans	Peanuts	Fish	Eggs	Crustaceans	Cereals Containing Gluten
Starters														
Mackerel Fillet						X						X		
Asian Style Chicken Salad					X					X				X
Soup of the Day						X	X		X	X				X
Seasonal Melon														
Mushroom Bruschetta					X		X	X	X	X				X
Mains														
Stuffed Aubergine							X		X					
Baked Cod					X		X		X	X		X		X
Roast Pork				X			X							
Breast of Chicken						X	X		X	X			X	X
Thai Green Chicken Curry									X					
Beef Stroganoff						X	X		X	X			X	X

Desserts														
Orange Cheesecake							X	X	X				X	X
Treacle & Ginger Tart							X	X	X				X	X
White & Dark Chocolate Torte							X	X	X				X	X
Raspberry & White Chocolate Frangipane							X	X	X				X	X
Dessert Of The Day							X	X	X				X	X

	Molluscs	Lupin	Sulphites	Sesame	Mustard	Celery	Nuts	Milk	Soyabeans	Peanuts	Fish	Eggs	Crustaceans	Cereals Containing Gluten
Children's Menu														
Mains														
Spaghetti Bolognese				X		X								X
Chicken Goujons				X			X	X	X			X		X
Cheese & Tomato Pizza								X						X
Pork Dinner			X			X								
Desserts														
Chocolate Fudgecake							X	X	X			X		X
Lemon Drizzle Sponge							X	X	X			X		X
Ice Cream with Sauce								X						

Please note that some dishes can be modified to remove allergens. For a information about a menu to suit your needs please call the General Office on 0115 910 33 33 option 2

