

Allergens For September-November Menu

	Molluscs	Lupin	Sulphites	Sesame	Mustard	Celery	Nuts	Milk	Soyabeans	Peanuts	Fish	Eggs	Crustaceans	Cereals Containing Gluten
Starters														
Salmon & Cream Cheese Crostini								X	X		X			X
Pork Liver & Chicken Pate			X	X				X	X				X	X
Salad of Melon, Mint, Feta & Olive			X					X						
Homemade Soup of The Day					X	X		X	X					X
Duck Spring Rolls				X						X				X
Mains														
Loin of Bacon					X	X		X	X				X	X
Brie & Beetroot Tart						X		X						X
Roast Breast of Chicken						X		X						
Greek Style Beef Stifado					X	X	X	X	X				X	X
Chicken Tikka Masala								X						
Herb Crusted Loin of Cod				X		X				X		X		X

Desserts														
Chocolate & Orange Truffle							X	X	X				X	X
Strawberry Shortcake Torte							X	X	X				X	X
Plumb Crumble Cheesecake							X	X	X				X	X
Tart au Citron							X	X	X				X	X
Chefs Dessert of The Day							X	X	X				X	X

	Molluscs	Lupin	Sulphites	Sesame	Mustard	Celery	Nuts	Milk	Soyabeans	Peanuts	Fish	Eggs	Crustaceans	Cereals Containing Gluten
Children's Menu														
Mains														
Chicken Goujons				X			X	X	X				X	X
Cheese & Tomato Pizza								X						X
Spaghetti Bolognese				X		X	X	X						X
Childsize Chicken Dinner						X		X						
Desserts														
Chocolate Fudgecake								X	X	X			X	X
Lemon Drizzle Sponge								X	X	X			X	X
Ice Cream & Sauce									X					

Please note that some dishes can be modified to remove allergens. For a information about a menu to suit your needs please call the General Office on 0115 910 33 33 option 2

